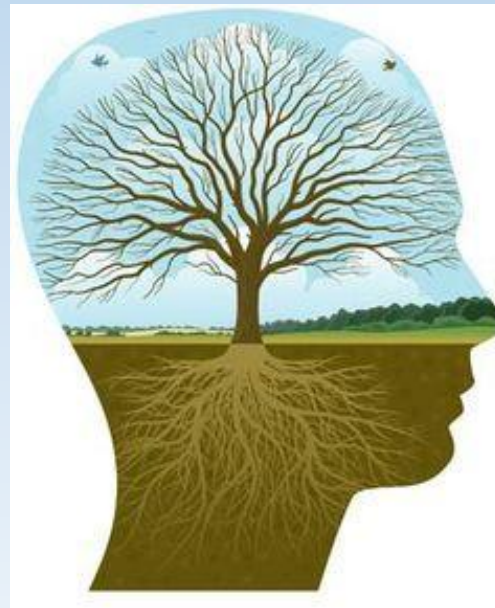


Offering You Support on the Path to Your True Potential



Martina Blazkova

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<https://martinablazkova.com/coaching/>

Are you in a situation where...



- You feel that you can do much more in your personal or professional life and you do not know what to do to be able to use all your potential?
- You have some limiting beliefs, patterns related to work, life and you do not know how to change them for supportive ones?
- You feel that you are not as confident at work as you could be and you want to do something about it?
- You feel stress, anxiety, pressure at work and you do not know how to restore the work-life balance and find the peace within?
- You face any other situation that you feel unhappy about and that you want to transform?

...I could support you on your way...

How?

- **You have all you need**, sometimes you don't see it. I support you to see it again and to get confidence and courage to do what you know you need to do.
- Every session is **tailored** to your personality, style and your needs.
- By me using purposeful and insightful questions and techniques **you discover your own “best way forward” or you transform the situation/issue.**
- We will see where you are, where you want to be and our collaboration **gets you there faster and easier** than if you worked on your own.



How else can I support you?

- I use my intuition, coaching, family, systemic and structural constellations, complementary techniques and psychology and trauma knowledge during my sessions.
- If needed, I also bring nutrition and life energetics, mindfulness, presence, spirituality and consciousness into the mix to have the **holistic approach**.
- I have personal experience with Emotional Freedom Technique (EFT), Grinberg method, NLP, The Journey, Reiki and many more experiential techniques.



Why me? Who am I?

A woman, a single mom, multipotentialite, traveller, reiki practitioner, author,...



Qualifications

- Diploma in Personal Performance Coaching from The Coaching Academy in the UK
- Co-active coaching fundamentals from the CTI
- Training in Family and Systemic Constellations
- Training in Structural Constellations

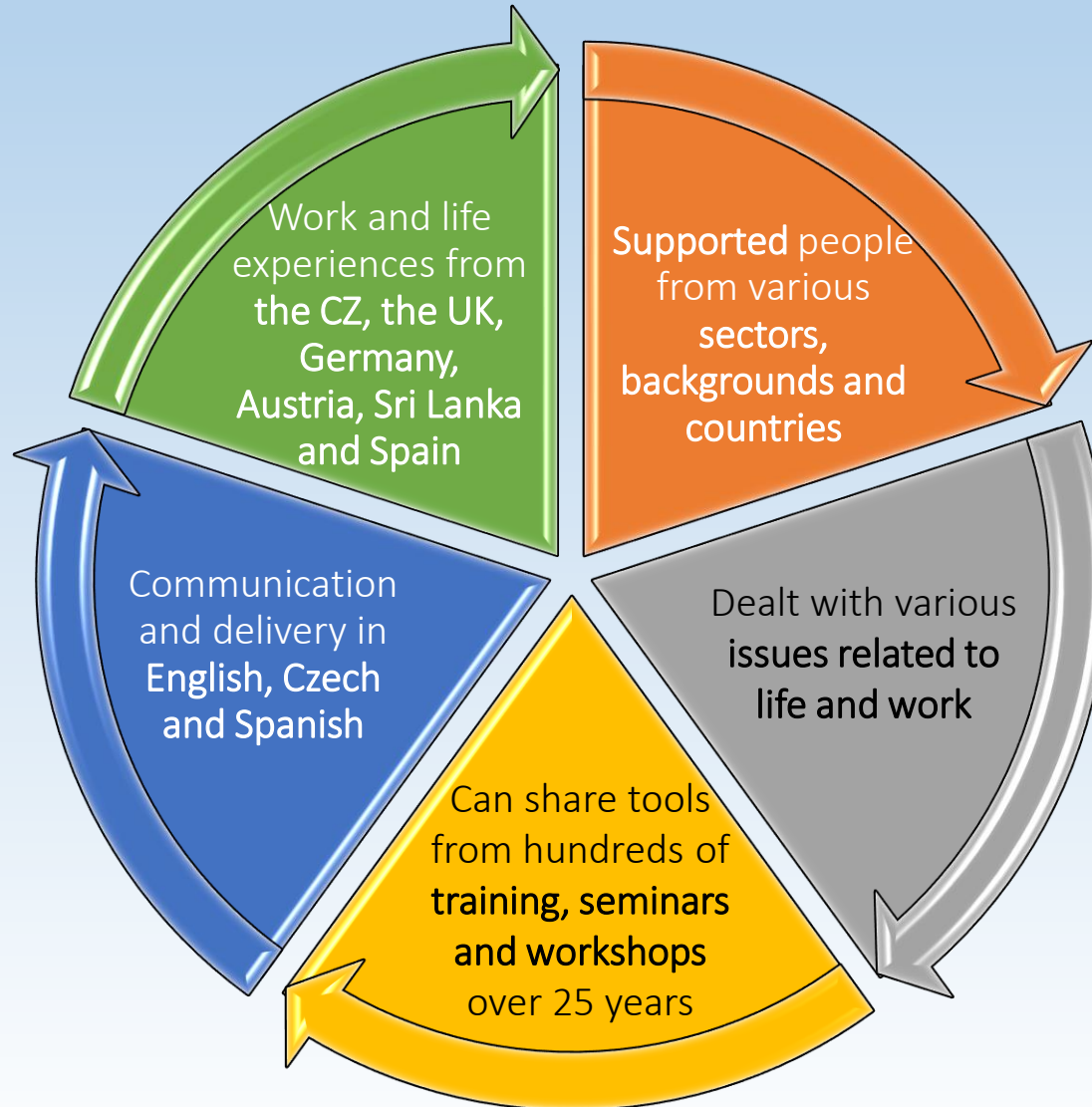


PhD in Business Economics and Management in the Marketing Specialization from the Prague University of Economics

Published **two books** about Strategic marketing and planning for SMEs and Online Marketing



Added value to you when working with me...



Dealt with many personal and professional issues...

I personally went through the following issues ...

- Moving to a different country
- Making my dream/project/event happen
- Dealing with changes, Career change
- Break-up, relationship issues
- Issues with parents
- Increasing self-esteem and self-confidence
- Happiness, satisfaction, fulfillment
- Finding myself, being authentic
- Starting again
- Money issues
- Other issues related to life – e.g. time management, beating procrastination, making priorities when having a lot of projects.



I have been guiding people with the same or similar issues for over 14 years.



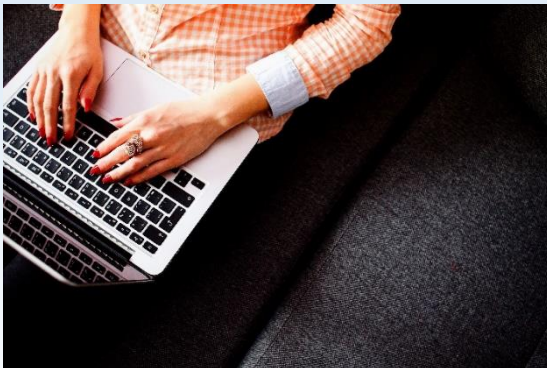
I worked with...

- Directors, managers, consultants, employees
- Business owners, start-up founders, freelancers
- Single mothers, married mothers, singles
- Unemployed people
- Coaches, therapists, psychologists, reiki practitioners, NLP practitioners
- Women, men, couples, lesbians and gays
- Other professionals and people

My work experience

As a multipotentialite, I have a diverse work experience (over 29 years in total):

- Professional Coach, Constellator, Facilitator, Guide
- Education & Training Officer, HR Director, Teacher, Trainer, Mentor
- Project Manager
- Event Planner & Organiser, Programs developer
- Market Analyst, Market Research Manager
- Accountant, Financial director
- Freelancer, Business Co-Founder and Co-Director, Employee in SMEs, Big companies and NGOs



Some of the sectors and fields I worked in...

- Personal and Professional development, Spirituality, Life coaching, Business coaching
- Marketing, Strategies, Online marketing, Web design
- Non-profit, Fundraising
- Printers, Mobiles, Electric drives, Adhesives
- Banking
- Biomedicine, IT, HPC, HPDA and AI, Science
- CSR, Sustainability, Customer experience, Purchasing

More about my added value to you...

Seeing your potential and
who you really are

Supporting you

Using intuitive guidance

*Not telling you
what to do*
*Holding you
accountable*

Being non-judgmental

Listening to you

IT IS ABOUT YOU!



Sharing tools with you

Saving you time



Motivating you



Having integrity

PROVIDING CONSTRUCTIVE FEEDBACK

What some of my clients say about me...



*“Martina is a great leader, open and honest person and very very inspiring! Thanks to her I learnt a lot about myself and I was able to develop myself in many areas of my life and achieved things I would not have expected before!
Overall I can say that I am very pleased about Martina's professionalism, the quality of coaching she provided and especially her commitment towards her clients!”*

Daniela, Manager, Belgium

“During the constellation I felt relaxed, I had confidence in the process and how Martina led the constellation. I saw connections that helped me shed light on the situation I wanted to solve during the constellation. I think Martina is good at tuning in to the clients she works with and giving them confidence in the process.”

Alena, Spain

“Martina’s incisive and empathetic questioning techniques facilitated action plans to a number of challenges over a period of about 6 months. Martina has a focused and insightful approach to coaching which is enjoyable to work with – both as a client and as a coach. Also, she brings a combination of her diverse work and life experience into the coaching process, which adds to the richness of the journey.”

Barbara, Global Career Consultant, Hong Kong

Does it sound interesting?

Do you think/feel that it would be beneficial for us to work together?

CONTACT ME OR CALL ME NOW

To arrange a chat where we can talk and get to know each other.

MARTINABLAZKOVA@YAHOO.COM //

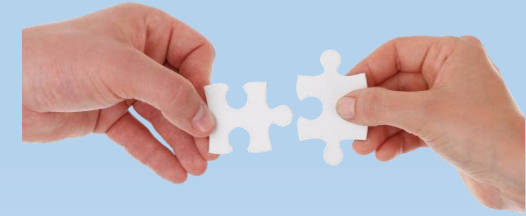
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WITH NO-OBLIGATION



If you still need more information, continue reading...

How we could work together...



Pack 1 – SELF-CONFIDENCE AND AUTHENTICITY

- Several months of support, guidance and tailored focus to work with the barriers to your authenticity so that you rediscover your true Self and become who you are meant to be.
- Duration: 6 months full of individual time (10h), additional support, home exercises, reading material, tools with flexibility
- Value: 1200€

Pack 2 – RELATIONSHIP, MONEY AND WORK

- Tailored programme looking at your relationships, finances and work issues to transform your life so that you live a life that makes you content and in peace.
- Duration: 6 months, 12h of individual time, additional support, home exercises, reading material, tools as needed
- Value: 1450€

Pack 3 – CAREER CHANGE

- Support and guidance with a tailored programme for you focused on getting clarity about your new career path, designing a new CV and an interview preparation.
- Duration: 2 months intensive with session and support every week
- Value: 890€

Contact me now to talk more: martinablazkova@yahoo.com // +34634508123 (call, WhatsApp, Telegram) // +420776862686 (call).

Or you prefer a **Structured programme** on any issue(s) you currently face for time that is needed

1) Initial free consultation / Taster session

To understand your issue and to agree on a way forward.
To address questions, doubts and to clarify next steps.



2) Intake session

To set the ground rules and to specify results/goals you would like to achieve.



Intake SessionFree of charge

Progress evaluation
every two months

Progress evaluation
every three months

Regular progress
evaluation

3) Step Alpha

- **Once a week** - I will dedicate a preparation time and we will **have a session** of 60 minutes to work on your issues and to develop and maintain a long term vision and action plans.
- You will have a **support between** scheduled sessions: you can email between sessions if you need an urgent advice, have a problem or want to share a success with me.
- I will provide you with **additional material** related to your topic.
- A variety of **tools and techniques** will be used to achieve long term results.

Step Alfa Month.....420 €/month

4) Step Advance

- **Every two weeks** - I will dedicate a preparation time and we will **have a session** of 60 minutes.
- **Support** between sessions via email.
- Sharing of **tools and techniques**.
- **Additional material**, such as exercises and articles.

Step Advance Month...250 €/month

5) Step Horizon

- **Follow-up sessions**, once a month between 45 – 75 minutes.
- **Support** via email when needed.
- **Additional material** when needed.

Step Horizon Month (*)...110 €/month

6) Closure

- **Evaluation** of the process and action plan developed for continued personal growth.
- **Celebration** of achieved results.

(*) If you consider that I have helped you and you recommend me to someone you know and they will sign up to do the Structured program that you have done, then I will value the Step Horizon Month for you at 90 €/month.



Or you would like just a consultation...

1h consultation based on coaching – online or in-person: 70€

1,5h - 2h consultation based on constellation – online or in-person: 85€



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Or you prefer something else...



WHY NOT TO CALL ME NOW AND TALK?

because you
are in charge
of your life

+34 634 508 123 (CALL, WHATSAPP, TELEGRAM) / +420 776 86 26 86 (CALL)

You can find out if you feel comfortable working with me and you will also have the opportunity to ask questions that you may have about coaching and me.

I would like to find out more about you so that I can see how I can support you in the most effective way.

I would love to hear from you!

More information about me: <https://martinablazkova.com/coaching/>, <https://www.linkedin.com/in/martinablazkova/>